What is a Named Person?

You and your child will soon have the right to support from a Named Person if you need it.

The Named Person is a service that health and education provides for every child and young person up to the age of 18, or beyond if they are still in school.

Who will my child’s Named Person be?

If your child has not yet started school, their Named Person will be the Health Visitor. Once they are at school it will be a Guidance Teacher, Depute Head or Head Teacher.

What are they for?

It was parents and children who suggested the idea of the Named Person. They felt that a person like a Teacher or Health Visitor was well-placed to act as a single point of contact for families and help them access services more easily if they needed to.

How do I contact them?

You will receive information regarding your child’s named person from your local Health or Education service explaining who your child’s Named Person is, and how you can contact them.

For more information on any aspect of GIRFEC please visit www.girfec.aberdeenshire.org
What is GIRFEC?

Getting it right for every child and young person is a national policy to help all children and young people grow, develop and reach their full potential. Its focus is to improve outcomes for children and their families based on a shared understanding of their wellbeing.

What does GIRFEC mean for you and your children?

You and your children will be fully involved in any processes and decisions which affect you. It enables you to:

- understand your responsibilities and the responsibility of others in supporting your child’s well-being;
- be treated consistently as an individual in a language you understand;
- access services more easily and be helped in the right way by the right people at the right time;
- experience positive relationships with the staff working with your child or young person.

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What do you mean by wellbeing?

The wellbeing of children and young people is at the heart of the GIRFEC approach. Wellbeing is about how things are going for children in their lives. The GIRFEC approach uses eight words to describe what it looks like when things are going well – in other words whether a child is:

- Safe
- Healthy
- Achieving
- Nurtured
- Active
- Respected
- Responsible
- Included

The words can be used to find out where a child’s strengths lie and also, if there are concerns, to see where some advice, help or support might be needed.

For more information visit www.girfec-aberdeenshire.org