



## Aiberdeenshire Bairns an Young Fowk's Chairter

1. **Mak sure we're pairt o ony decisions taen aboot oor ain lives,** an lat us ken fit's gaan on. Dinna jaloose it, spier at us fit wi think, an if somethin canna be deen, lat us ken fit wye nae.
2. **Gie us chances.** Lat us shaw ye fit wi can dee and fit we're aa aboot fan ye gie us a chance.
3. **Tak tent o fit wir tellin ye.** We'll ken yer listenin tae fit yer bein telt fan ye dee somethin aboot it.
4. **Ca canny judgin fowk. Thole us. Unnerstan far we're comin fae an fit we hae experienced.** Realise that wi aa mak mistakes, an mak sure an gie us the information wi need tae gar us mak gweed choices.
5. **Mak the maist o us nae bein aa the same an tak steps tae cut oot bullyin an discrimination.** Encourage us tae be confident in fa wi are as weel as foo wi express oorsels. Ettle tae mak us feel wi aa belang.
6. **Gie us respeck an fan we're sair made, tak oor concerns seriously.** Mak sure it's the richt fowk at gie's the help we need, fan we need it.
7. **Tak gweed care an look aifter oor information.** If ye maun spreid oor information aroon ither fowk, lat us ken yer daein it, fa needs it, an fit wye it's bein socht.