

Appendix 3 Incorporating Recovery – Outcome Measurements

Child(ren) of Person in Recovery <i>I want relationships that meet my needs and protect me by:</i>	Person in Recovery: <i>To me, recovery means.....</i>	Direct Service Provider <i>Can support people in recovery by.....</i>	Commissioners/Organisation Leads <i>We can support recovery by:</i>	Recovery Markers for child(ren) <i>The impact on children can be measured by:</i>
<ul style="list-style-type: none"> • Needing to be listened to in respect of how parental substance misuse affects me • Needing one or both parents to receive effective treatment and support • Requiring other responsible adults to be involved in my care • Wanting a safe and stable home environment • Wanting to be educated to the best of my ability • Not wanting to be stigmatised because my parent(s) are substance users • Needing my physical, emotional and social development needs to be addressed • Wanting to be involved in activities that I enjoy • Learning to cope when things are not going well • Allowed to ask questions and be answered when I do not understand something 	<ul style="list-style-type: none"> • Having people I can rely on • Being loved and accepted as I am • Having people in my life who believe in me even when I don't believe in myself • Taking an active part in my treatment journey • Having something to give back to my children • Being a responsible parent for my children • Being able to help my children when they need me • Being determined to live well and take care of myself and my child(ren) • Believing that my life can get better • Taking positive action to achieve my goals • Finding a routine and structure to my life that is alternative to my substance using lifestyle • Controlling my symptoms so that they do not adversely affect on my life or that of my family 	<ul style="list-style-type: none"> • Having responsibilities to promote and protect the well-being of children • Assessing new attendees by asking a series of questions about a) being a parent, b) details of their child(ren) and c) nursery/school and other agencies involvement • Sharing information confidentially with other services involved in care of adult/child(ren) • Providing evidence-based care and treatment services to adults in recovery • Ensuring that children are nurtured within a positive and safe environment • Supporting children to develop constructive relationships within and outside the family home • Actively working with other services involved in supporting parents and children • Promoting peer support within service delivery 	<ul style="list-style-type: none"> • Ensuring that sharing information between agencies is embedded in practice • Educating staff on local child protection policies, guidelines and procedures • Commissioning adult substance misuse and children's services that understand and promote recovery principles • Creating systems to ensure professionals receive specialist advice and support to care for children living with parental substance misuse • Defining clear roles and responsibilities for agencies. • Ensuring that services in the area provide a wide range of recovery approaches • Developing a culture of peer support within the local treatment model • Promoting recovery and ensuring it is valued and supported by all agencies (specialist and generic) 	<ul style="list-style-type: none"> • Improvement in the adult's physical, emotional and mental well-being (Outcome based) Outcomes Star • Evidence of a home environment that is clean, safe and protective • Improved/sustained attendance and performance at school • Evidence of access to responsible, supportive adults and appropriate professionals (as necessary) to ensure child's views are considered at all stages of parents treatment • Routinely measuring the child's/children's developmental markers • Involvement in structured local activities/societies/clubs appropriate to peer group • Assessment via GIRFEC (SHANARRI) principles