

Resilience Indicators

Resilience Risk Indicators Particular to the Child (How I Grow and Develop)

Risk Indicators - The Child	Child 1	Child 2	Child 3	Child 4	Notes
Secure attachment to primary carer					
Positive self-esteem					
Ability to use adults for support and assistance					
Good communication skills					
Ability to deal with change					
Good problem solving skills					
Positive sense of belonging					
Positive sense of own identity					

Resilience Risk Indicators Particular to the Parent/Carer (What I Need from the People Who Look after Me)

Risk Indicators - Parent/Carer	Child 1	Child 2	Child 3	Child 4	Notes
Stable, nurturing caregiver					
Positive family structures and routines					
Stable family environment					

Risk Indicators - Parent/Carer	Child 1	Child 2	Child 3	Child 4	Notes
Parents have good self-esteem					
Consistent quality of care					
Good communication within family					
Affectionate bonds within the family					
Reliable emotional support for child					
Good parental Supervision					

Resilience Risk Indicators Particular to the Child’s Family and Wider World (My Wider World)

Risk Indicators - Wider World	Child 1	Child 2	Child 3	Child 4	Notes
Supportive adults outwith the family					
Parents suffering from poor mental health supported					
Good community resources (eg. childcare)					
Child has cultural connections in community					
Wider family supports (eg. grandparents)					
Community combats racism/exclusion					

What is the information telling me?

Using the Record Sheets practitioners should under each of the risk domains analyse the information gathered asking the key question “***what is this information telling me?***”.

1. Consider the information gathered and identify the key risk factors for child, parent/carer and wider world. The Record Sheets will highlight the specific areas of concern/risk (your evidence) but you should give an overview of what you consider to be the key issues within the three domains.
2. You then need to form a view as to the level of risk for the child taking account of the interaction between the child, the parent/carer and the child’s wider world. What is the information telling you about the level of concern/risk?

Risk Indicators for
Child 1
Child 2
Child 3
Child 4
Parent/Carer
Family and Wider World

What is the information telling me about the level of concern/risk? (Consider frequency, duration, severity, single or accumulative in nature - significance of factors in reaching a conclusion about the level of risk.)

Adversity Risk Indicators

Adversity Risk Indicators Particular to the Child (How I Grow and Develop)

Adversity Indicators - The Child	Child 1	Child 2	Child 3	Child 4	Notes
No significant or primary attachment figure					
No clear boundaries or routines					
Child presenting with abusive behaviours					
Child's behaviour unstable or unpredictable					
Child displays poor coping strategies					
Victim of abuse/neglect					
Experience of loss /rejection or bereavement					
Repeated changes of placement					
More than 4 children in the home					

**Adversity Risk Indicators Particular to the Parent/Carer
(What I Need from the People Who Look after Me)**

Adversity Indicators - Parent/Carer	Child 1	Child 2	Child 3	Child 4	Notes
Evidence of unresolved childhood trauma					
Living in recurrent crisis					
History of substance misuse					
Isolated within culture/community					
Longstanding mental health problems					
History of criminal /offending behaviour					
History of violence/conflict					

Adversity Risk Indicators Particular to the Child's Family and Wider World (My Wider World)

Adversity Indicators - Wider World	Child 1	Child 2	Child 3	Child 4	Notes
History of concerns about wider family					
Unable/unwilling to overcome adversity					

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Vulnerability Risk Indicators

Vulnerability Risk Indicators Particular to the Child (How I Grow and Develop)

Vulnerability Indicators - The Child	Child 1	Child 2	Child 3	Child 4	Notes
Unwanted or unplanned pregnancy					
Difficult birth					
Born with substance withdrawal					
Child behaviour problems					
Child born at time of crisis					
Developmental impairment or disabilities					
Very young child					
Evidence of insecure attachments					
Child finds it hard to make and keep friends					
Child previously been abused or neglected					
Child resembles a hated partner or spouse					
Asylum seeking child					

Vulnerability Risk Indicators Particular to the Parent/Carer (What I Need from the People who Look after Me)

Vulnerability Indicators - Parent/Carer	Child 1	Child 2	Child 3	Child 4	Notes
Parental difficulties (eg. domestic abuse)					
Poor partner relationships/ multiple partners					
Single parent household					
Young parent under 21 years or immature					
Unrealistic expectations of the child					
History of offending					
Chaotic family situation					
Parent abused as a child					
Asylum seeking					

Vulnerability Risk Indicators Particular to the Child's Family and Wider World (My Wider World)

Vulnerability Indicators - Wider World	Child 1	Child 2	Child 3	Child 4	Notes
No access to community resources					
Subject to racism or other isolating factors					
Poor/unsuitable housing					
Homelessness					
Financial difficulties					
Residing detention centre/secure accommodation					
Family home overcrowded					
Lack of extended family support					
Poor support networks					

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Protective Indicators

Protective Indicators Particular to the Child (How I Grow and Develop)

Protective Indicators – The Child	Child 1	Child 2	Child 3	Child 4	Notes
Child is in good health					
Older child able to keep self safe					
Outgoing personality					
Child demonstrates good self-control					
Bright/intelligent child					
Child has high self-esteem					
Child has positive relationships in their life					
Regular nursery or school attendance					
Involvement in out of school activities					
The child is aware and supports the Child's Plan					
Parents support the Child's Plan					

Protective Indicators Particular to the Parent/Carer (What I Need from the People Who Look after Me)

Protective Indicators - Parent/Carer	Child 1	Child 2	Child 3	Child 4	Notes
Parent has good relationship with child					
Parent has a positive view of the child					
Parents understand the needs of the child					
Consistent caring, responsive to the needs of the child					
Demonstrates effective parenting					
Resilient and a good parental role model					
Demonstrates motivation to change					
Willing to receive help and accepts responsibility					
Capacity for change - shows insight/initiative					
Actively involved in planning work					
Open to feedback /advice/difficult conversations					
Good relationship with professionals					
Ability to manage behaviour appropriately					
Relatively few sources of stress					

Protective Indicators - Parent/Carer	Child 1	Child 2	Child 3	Child 4	Notes
Strong relationship with own parents/carers					
Mental health problems respond to treatment					
Overcome own childhood abuse					
Positive childhood experiences					
No previous history of abuse					

Protective Indicators Particular to the Child's Family and Wider World (My Wider World)

Protective Indicators - My Wider World	Child 1	Child 2	Child 3	Child 4	Notes
Supportive extended family					
Regular, positive contact with extended family					
Ability to access /use appropriate services					
Strong relationship with own parents					
Access to supportive networks					
Family settled in their home					
Family live in a safe and secure neighbourhood					

Protective Indicators - My Wider World	Child 1	Child 2	Child 3	Child 4	Notes
Access to resources (health, education etc)					
Sufficient income and good physical living standards					
No previous professional supports					
Shared agency understanding of issues/planning					

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Resistance Factors

Resistance Risk Indicators Particular to the Child (How I Grow and Develop)

Resistance Indicators – The Child	Child 1	Child 2	Child 3	Child 4	Notes
Scapegoated for disclosing family problems					
Fearful/unwilling to disclose anything further					
Identifies with the perpetrator/strong feelings for abuser					
Finds ways of coping with abuse (dissociates)					
Child normalises damaging home circumstances					

Resistance Risk Indicators Particular to the Parent/Carer (What I Need from the People who Look after Me)

Resistance Indicators – Parent/Carer	Child 1	Child 2	Child 3	Child 4	Notes
Threatening workers (physical/verbal)					
No recognition of the problems					
Has a different perception of the problems/risks					
Only recognises some professional concerns					
No/limited/ tokenistic capacity for change)					

Resistance Indicators – Parent/Carer	Child 1	Child 2	Child 3	Child 4	Notes
Parent/carer overwhelmed with situation					
Gives different information to different workers					
Says right things - not backed by behaviours/actions					
Past negative relationships with professionals					
No/limited awareness of impact of own behaviour					
Lacks understanding of what is expected of them					
Actively disrupts professional plans and actions					

Resistance Risk Indicators Particular to the Child’s Wider World (My Wider World)

Resistance Indicators - My Wider World	Child 1	Child 2	Child 3	Child 4	Notes
Poor family/ community support networks					
Changes service driven not driven by parent/carer					
Professional splits/ disagreements					
Cultural issues impact on engagement					
Services not available to tackle the problem					

