

## Resilience / vulnerability matrix

Resilient child  
High adversity

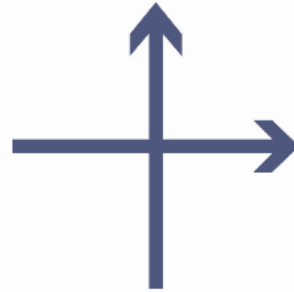
### Resilience

Good attachment, Good self esteem, Sociability, Intelligences, Flexible temperament, Problem solving skills, Positive parenting

Resilient child  
Protective environment

### Adversity

Life events / crises, serious illness, loss / bereavement, Separation / Family breakdown, Domestic violence, Asylum seeking status, Serious parental difficulties - e.g. substance misuse, Parental mental illness, Poverty



### Protective environment

Good school experience, One supportive adult, Special help with behavioural problems, Community networks, Leisure activities, Talents and interests

Vulnerable child  
High adversity

### Vulnerability

Poor attachment, Minority status, Young age, Disability, History of abuse, Innate characteristics in child / challenge development, A loner / isolation, Institutional care, Early childhood trauma, Communication differences, Inconsistent, neglectful care

Vulnerable child  
Protective environment

### Variables:

Timing and age, Multiple adversities, Cumulative protectors, Pathways, Turning points, A sense of belonging

### Interventions

Strengthen protective factors and resilience, Reduce problems and address vulnerability, Achieve initial small improvements