



## Aberdeenshire Children and Young People's Charter

1. **Include us in any decisions made about our lives** and explain what's happening. Don't guess, ask us what we think, and if something can't happen tell us why.
2. **Give us opportunities.** Let us show you what we can achieve when you give us a chance to try.
3. **Make sure our voices are heard.** Show us you are listening by taking action.
4. **Don't judge us and try to understand our experiences.** Realise we all make mistakes, give us advice and information to help us make decisions and good choices.
5. **Celebrate Diversity and take steps to stop bullying and discrimination.** Encourage us to be confident and to express ourselves as individuals. Find ways which help us all feel we belong.
6. **Respect us and take our worries seriously.** Make sure we get help from the right people when we need it.
7. **Treat our information with care.** If personal information needs to be shared, let us know who needs it, and explain why.
8. **Don't expect too much.** We aren't adults yet. Some things we don't know as we're still learning. Help us get there.

Charter Design: Thanks to the young people from  
Inverurie ICON Group